



LEADER 193

CORPORATE EXPERIENCES

THE FORUM: LEADERSHIP & THE WIM HOF METHOD

- 1-3 day intensive leadership symposium designed to transform and empower great leaders and teams.
- Includes practical application using the Wim Hof Method as well as dynamic problem solving and breakout sessions.
- Up to 50 participants

**Investment:
\$10,000/day**

NAVY SEAL HELL DAY SIMULATION

- 1-3 day Navy SEAL "Hell Day" simulation designed to test and empower teams.
- Mentally, physically, and emotionally taxing experience will teach teams how to thrive in chaos.
- Preferred location is Stone Harbor, New Jersey, USA.
- Up to 10 participants

**Investment:
\$10,000/day**

VIRTUAL LEADERSHIP & WIM HOF WORKSHOP

- 1 day digital masterclass designed to transform and empower remote teams.
- Includes access to 6 part online video series "The Process, Art, and Science of Leadership."
- Includes live virtual breathwork and cold exposure sessions.
- Up to 100 participants

**Investment:
\$8,000 per day**

Get in touch: hello@leader193.com

www.leader193.com